Today marks the beginning of the season of Lent. Ash Wednesday occurs forty days before Easter, not including six Sundays (which are considered feast days), and recalls Jesus’s forty days in the wilderness, itself mirroring the Israelites’ forty years in the desert. In our scripture readings, Isaiah challenges his listeners to see the futility in spiritual practices done for self-serving purposes. He challenges all who hear to consider a new kind of fast, pleasing and acceptable to God. Jesus teaches how we are to avoid hypocrisy when we give, pray, and fast, so that we might store up treasure in heaven, not affirmation on earth, “for where your treasure is, there your heart will be also.”
Gathering
Opening Voluntary
Greetings and Announcements
*Processional Hymn 142
   If Thou But Suffer God to Guide Thee   WER NUR DEN LIEBEN GOTT

Proclamation
Prayer for Illumination | In unison:
   Holy God, our lives are laid open before you: as we hear your word today, rescue our hearts from the darkness of sin and through the death of your Son lead us to new life; through Jesus Christ our Lord, Amen.

Old Testament Lesson | OT page 647 in the pew Bibles
   Isaiah 58:1-12
   Lector: This is the word of the Lord.
   People: Thanks be to God.

Anthem
   Miserere mei
   Alessandro Scarlatti (1660-1725)
   Miserere mei Deus, miserere mei: quoniam in te confidit anima mea.
   Misit de caelo et liberavit me: dedit in opprobrium conculcantes me.
   
   Have mercy on me, O God, have mercy on me: for my soul trusteth in thee.
   He hath sent from heaven and delivered me: he hath made them a reproach that trod upon me.
   Text: Psalm 57:2,4

*Gospel Lesson | NT pages 5-6 in the pew Bibles
   Matthew 6:1–6, 16–21
   Lector: This is the word of the Lord.
   People: Thanks be to God.

Homily
   What Kind of Fast

Invitation to the Observance of a Holy Lent
Prayer Over the Ashes
Imposition of Ashes | Those wishing to receive ashes will come forward to the stations. When all who desire have received the ashes, the service will continue with the Litany of Penitence. During the Imposition, the choir sings Psalm 51, which can be found on pages 492-493 in the pew bibles.

* All who are able may stand
Litany of Penitence | The congregation responds with the text in bold:

God the Father,
Have mercy on us.
God the Son,
Have mercy on us.
God the Holy Spirit,
Have mercy on us.
Holy, blessed, and glorious Trinity,
Have mercy on us.

From our pride, vanity, and hypocrisy,
and from all our evil plans,
Deliver us.

From our envy and malice,
and from our hardness of heart,
Deliver us.

From our sloth and worldliness,
and our lack of compassion,
Deliver us.

From our love of money, our hoarding of possessions,
and our relentless desire to accumulate more,
Deliver us.

From the lust for sexual pleasure
that obscures the true gift of love in us and in others,
Deliver us.

From the gorging of food, the indulging of our appetites,
and our neglect of the hungry,
Deliver us.

From our hatred, anger, and quick temper,
and from our reluctance to be reconciled with those we have hurt,
Deliver us.

Give us true repentance;
forgive us our sins of negligence and ignorance
and our deliberate sins;
and grant us the grace of your Holy Spirit
to amend our lives according to your holy word.

Holy God,
holly and strong,
holly and immortal,
have mercy upon us.
Assurance of Pardon

*Peace* | All exchange signs and words of God's peace.

Call to Prayer

- **Minister:** The Lord be with you.
- **People:** And also with you.
- **Minister:** Let us pray.

**Prayers of the people** | The congregation responds to each petition:

- **People:** Hear our prayer.

**The Lord's Prayer** | All are encouraged to pray the Lord's Prayer in the language of their choosing. The English version is number 895 in the hymnal.

Sending Forth

*Benediction*

*Closing Processional Hymn 269*

  Lord, Who Throughout These Forty Days

  LAND OF REST

Closing Voluntary
TODAY IN WORSHIP

PRESIDING MINISTER
The Rev. Dr. Carol Gregg .................. Pastor, Congregation at Duke Chapel

PREACHER
The Rev. Alexandra Tranvik ........... Pastor, Duke Lutherans

LECTOR
Ms. Emma Friesen .................... Presbyterian Campus Ministry, Chapel Scholar, Trinity '22

MUSICIANS
Duke Vespers Ensemble .................. Choir
Dr. Philip Cave .................. Associate Conductor of Chapel Music, Duke University Chapel
Mr. Christopher Jacobson ............. Chapel Organist, Duke University Chapel

WORSHIP ASSISTANTS
The Rev. Bruce Puckett .................. Assistant Dean, Duke University Chapel
Ms. Danielle Voigt .................. Duke Divinity Worship Intern, Divinity ’21
The Rev. Dave Allen .................. Campus Minister, Duke Wesley Fellowship
The Rev. Kathryn Lester-Bacon ........ Director of Religious Life, Duke University Chapel

GUEST PREACHER | The Rev. Alexandra Tranvik serves as the pastor of Duke Lutherans, the Lutheran community at Duke, which is “called to share God’s gift of life together on campus, in our local partner congregations, and throughout the Durham community.” She is ordained in the Evangelical Lutheran Church in America (ELCA). Originally from Minneapolis, Rev. Tranvik attended St. Olaf College in Northfield, Minnesota, and completed her master of divinity degree at Duke Divinity School. She is passionate about preaching, teaching, and writing at the intersection of faith, politics, and daily life.

ACCESSIBILITY | Large print hymnals and bulletins are available at the front desk. Hearing assistance units are available at the back left sound desk.

RECEIVE PRAYER | Prayer requests may be placed in the prayer box located by the Memorial Chapel.
A Lenten Prayer—For Personal Lenten Discipline

Lord Jesus, you fasted and prayed in the wilderness for forty days. Help me to fast and pray during this time of Lent. Free my mind from distraction and protect me from the snares of the devil, that I may learn to love you and my neighbors more. Give me a spirit of generosity, so that I might share my gifts more freely with those who have less. Teach me to pray, that I might offer you praise and thanksgiving. Help me make time to reflect on your Word; may it challenge, console, and purify me. Be with me in times of hurt, doubt, and confusion; unite my sufferings to yours and let them be redemptive. Fill me with your Holy Spirit, free me from sin, let me rise with you this Easter. I ask this in the name of Jesus, who died that I might be forgiven and have life to the full. Amen.

On Ash Wednesday:
An Examination of Conscience through the Ten Commandments

<table>
<thead>
<tr>
<th>Commandment</th>
<th>Question</th>
</tr>
</thead>
<tbody>
<tr>
<td>Having no other gods</td>
<td>Do I love God with all my heart, mind, soul, and strength?</td>
</tr>
<tr>
<td>Making no idols</td>
<td>Do I put possessions, career, family, reputation, or health ahead of God? Do I treat money, sex, and power as gifts or gods?</td>
</tr>
<tr>
<td>Revering God’s name</td>
<td>Do all my words and actions glorify God?</td>
</tr>
<tr>
<td>Keeping the Sabbath</td>
<td>Do I let work take over my life? Do I find my identity in work or in being God’s child? Do I set aside a full day each week to rest?</td>
</tr>
<tr>
<td>Honoring parents</td>
<td>Do my parents know I value and respect them? Do my children?</td>
</tr>
<tr>
<td>Respecting life</td>
<td>How do I respond when I am humiliated, insulted, or treated unfairly? Am I quick to forgive, or do I hold grudges and seek revenge? Do I let my anger get the better of me?</td>
</tr>
<tr>
<td>Respecting marriage</td>
<td>Am I chaste? Do I treat friends or strangers as objects of my lust? Do I treat sex as a precious and holy gift? Do I support and pray for those who are married?</td>
</tr>
<tr>
<td>Respecting property</td>
<td>Am I greedy? Do I have things that rightly belong to others? Am I honest with regard to tax, expenses, loans, and debts? Am I a generous giver?</td>
</tr>
<tr>
<td>Respecting truth</td>
<td>Do I exaggerate to impress? Do I gossip? Do I keep my promises? Do I face the truth about myself? Do I share my true self with others?</td>
</tr>
<tr>
<td>Governing desires</td>
<td>Am I jealous? Am I thankful? Am I content with what God has given me? Is the grass always greener on the other side? Do I curse the fact that life always seems easier for others?</td>
</tr>
</tbody>
</table>
COMMUNAL LENTEN PRACTICE | The forty days of Lent begin on Ash Wednesday and end on Holy Saturday, the day before Easter. During this time, we remember the forty days Jesus spent in the wilderness, enduring the temptations of Satan, and preparing to begin his ministry. For us, it is a time of self-examination, repentance, and preparation for the coming of Easter. Individual and corporate spiritual disciplines, unique to this season, can help us be mindful of our need for a Savior. At Duke Chapel, we mark the penitential nature of this season as our colorful floral arrangements are replaced with simple greens, and “Alleluias” are excluded from our music. We invite you into this Lenten journey, praying that it will lead to a more profound Alleluia on Easter morning.

LENTEN READING GROUP | During the season of Lent, three book groups will discuss Henri Nouwen’s *Discernment*. The book is a collection of Nouwen’s wisdom about, insights on, and practice of spiritual discernment. The five-week series of discussions will meet on Tuesdays at 7:00 p.m. beginning March 3 and Wednesdays at 10:00 a.m. and 7:00 p.m. beginning March 4. Please contact the Congregation office (congregation@duke.edu, 919-684-3917) for details, locations, and to indicate plans to attend.

CHORAL VESPERS | As daylight fades, Choral Vespers invites students and community members into the darkened Chapel to experience sacred music, scripture readings, and prayer. The Duke Vespers Ensemble leads the choral portion of the service. A special Choral Vespers service tomorrow at 7:00 p.m. celebrates the life and work of poet and hymn-writer George Herbert with musical settings of some of his texts. All are welcome! Services are on Thursdays at 7:00 p.m. Please note that services occur only during the academic semester.

CHORAL EVENSONG | Choral Evensong is a centuries-old tradition that continues to be prayed every day all over the world. Drawn from the seventeenth century, worshipers are invited to enter into a sacred space of reflection through music, Scripture, and prayers that have shaped Christian lives for hundreds of years. All are welcome! Services will take place every Sunday at 4:00 p.m. Please also note that services occur only during the academic semester.

ORGAN RECITAL SERIES | Chapel Organist Christopher Jacobson, FRCO, will give a recital this Sunday, March 1, at 5:15 p.m. Jacobson has presented recitals in North America, Europe, and Australia, and he records for the Dutch label Pentatone. His performance on the Aeolian organ is titled “Credo: I Believe” and will feature Marcel Dupré’s *Symphonie-Passion, Op. 23*. Admission is free.

A CAPPELLA SUNDAY MARCH 1 | This Sunday, March 1, the Chapel Choir will be joined in the 11:00 a.m. worship service by the Concert Choir of Muskingum University, a Presbyterian college in southeastern Ohio. The two choirs will help us observe the beginning of Lent as well as “a cappella Sunday,” an initiative of the Center for Congregational Song in which the Chapel is participating.
this year. For more information, visit congregationalsong.org/a-cappella-sunday-2020.

**JAZZ VESPERS MARCH 17** | The Chapel’s Jazz Vespers worship service on Tuesday, March 17, at 7:30 p.m. combines the form of the traditional evening vespers service with the musical improvisation of jazz. The service brings together Duke Professor John Brown, his Little Big Band, Chapel minister Rev. Joshua Lazard, local ministers, and students for a service of prayers, songs, and blessings. Admission and parking are free.

**SPRING ORATORIO TICKETS ON SALE** | Tickets are now on sale for this year’s spring oratorio. Titled “Multivalence: The Mass and Its Music,” the concert will be performed at the Chapel on Saturday, April 4, at 7:30 p.m. with a pre-concert lecture at 6:00 p.m. in Goodson Chapel. The first half of the program will feature a “pastiche Mass” of musical settings spanning ten centuries and five continents. The second half of the program will feature Beethoven’s Mass in C Major, Op. 86, marking the 250th anniversary of the composer’s birth. To purchase tickets, contact the Duke Box Office at 919-684-4444 or tickets.duke.edu.

For a complete listing of events please visit chapel.duke.edu/events or sign up to receive weekly e-mails at chapel.duke.edu/email

The Congregation is the interdenominational church home for university students and community members who consider the Chapel to be their primary place of worship. Through ministries of mission, education, and fellowship, members of the Congregation strive to deepen connections with God and neighbor.

Please email congregation@duke.edu to receive the weekly eNews.